



Personal Training

Waiver and Hold Harmless Warranty

I, _____, warrant and represent that I have no disability, impairment or ailment that will prevent me from engaging in active or passive exercise, or that will be detrimental or inimical to my health, safety, or physical condition if I participate. I assume all risks associated with the use of the club's facilities and the participation in activities or programs conducted at the club. This representation and warranty is made by me knowing that the club will rely upon the same in connection with the Personal Training Program.

I guarantee to hold harmless the club and it's agents now, and at any time in the future, as evidenced by my signature below.

Also, a twenty four hour cancellation notice is required prior to scheduled sessions to avoid a charge.

Printed Name: _____

Date of Birth: _____

Signature: _____

Today's Date: _____